



Under the Patronage of



3rd Tartu Arthroscopic Live Surgery Days

Shoulder special

Dates:	17.10-18.10.2024
Registration and information:	www.artroskoopia.ee
Venue:	Tartu University Hospital Puusepa 8, Tartu 50406, Estonia www.kliinikum.ee
Conference language:	English
Main topics:	Shoulder instability Rotator cuff tears A/C joint Biceps pathologies

The course addresses advanced techniques of shoulder arthroscopic surgeries for established surgeons, younger colleagues and physiotherapists, invites them to see live surgeries and oral presentations and discuss cases.

Scientific committee and faculty:
Highly experienced shoulder surgeons from Europe, Scandinavia and the Baltic states

Course fee

	250€	surgeons, doctors
	150€	residents
	150€	physiotherapists
Course dinner	80 €	

Registration fee includes

Live surgeries with interactive discussions, oral presentations. Course documentations, lunch and refreshments during all breaks.

The number of participants is limited to max. 150 persons.

The registration fee and dinner must be paid upon receipt of invoice.

Participants who cancel their registration in writing 3 weeks before the course will receive a full refund. Later cancellations is without refund.

Accommodation

Hotels can be booked through <https://visittartu.com/stay>

City map and location of Hotel Lydia and the hospital



For more information
about transportation, events,
other accommodation options and attractions
in Tartu, see www.visittartu.com

Daily Programme 16.10- 18.10.2024

16.10.24

20:00 Pre-course faculty meeting. Introduction of the patients and next days. Restaurant Hõlm at Ülikooli street 14, Hotel Lydia

First Day 17.10.24
Shoulder instability

Faculty: R. Brzóska, A. Kullerkann, K. Udris, M. Sula, V. Jermolajevs, J-T. Kartus, K. Kask, P. Vahi, M. Rahu, R. Pääsuke, T. Koovit, M. Luik, L. Rips

Venue: Main Conference Hall of Tartu University Hospital (A.Linkberg). Puusepa 8, Tartu

07:30-08:10	Registration
08:10-08:20	Course opening
08:20-08:30	Introduction of the course. L. Rips EST
08:30-08:50	Lecture. Current trends in shoulder instability surgery. R. Brzóska POL – Sponsored by Arthrex
08:50-09:00	Patient presentation 1
09:00-10:30	LIVE SURGERY. Shoulder instability. A. Kullerkann EST
10:30-10:50	Lecture. My experience and difficulties of the ArthroLatarjet. K. Udris LAT
10:50-11:20	Coffee break
11:20-11:50	Lecture. A/C joint instability. M. Sula EST
11:50-12:00	Patient presentation 2
12:00-13:30	LIVE SURGERY. Shoulder instability. V. Jermolajevs LIT
13:30-14:20	Lunch
14:20-14:30	Patient presentation 3
14:30-16:00	LIVE SURGERY. Shoulder instability. R. Brzóska POL – Sponsored by Arthrex
16:00-16:30	Lecture. Current concepts of shoulder instability rehabilitation. T. Koovit EST
16:30-17:30	LIVE PHYSIOTHERAPY SESSION. Postoperative rehabilitation of shoulder instability. T. Koovit, M. Luik EST
17:30-18:30	Round table and discussion. Shoulder instability debate.
19:30-	Course Dinner at Vilde ja Vine (Vallikraavi 4, Tartu)

Second Day 18.10.24
Rotator cuff

Faculty: R. Brzóska, A. Kullerkann, K. Udris, M. Sula, V. Jermolajevs, J-T. Kartus, K. Kask, P. Vahi, M. Rahu, R. Pääsuke, T. Koovit, M. Luik, L. Rips

Venue: Main Conference Hall of Tartu University Hospital (A.Linkberg). Puusepa 8, Tartu

08:00-08:20	Lecture. Current trends in rotator cuff surgery. R. Brzóska POL – Sponsored by Arthrex
08:20-08:40	Lecture. Clinical anatomy of the rotator cuff. K. Kask EST
08:40-08:50	Patient presentation 4
08:50-10:00	LIVE SURGERY. Rotator cuff. M. Sula EST
10:00-10:20	Lecture. Massive and irreparable rotator cuff tears. V. Jermolajevs LIT
10:20-10:50	Coffee break
10:50-11:00	Patient presentation 5
11:00-12:00	LIVE SURGERY. Rotator cuff. R. Brzóska POL – Sponsored by Arthrex
12:00-12:20	Lecture. Current concepts of rotator cuff tears rehabilitation. M. Luik EST
12:20-13:00	Lunch
13:00-13:10	Patient presentation 6
13:10-14:30	LIVE SURGERY. Rotator cuff. K. Udris LAT
14:30-15:30	LIVE PHYSIOTHERAPY SESSION. Postoperative rehabilitation of rotator cuff tears. T. Koovit, M. Luik EST
15:30-16:30	Round table and discussion. Rotator cuff debate.
16:30-	Final speech and presentation of certificates.

Sponsors desk: New implants and instruments are presented by major implant and instrument companies.

Faculty members and guest surgeons



Roman Brzóska, MD, PhD POL

Proman Brzóska is a orthopaedic surgeon at St. Luke's Hospital and leading shoulder surgeon in Poland. Dr. Roman Brzóska was the first in Poland to perform a bone reconstruction of the acetabular edge of the humeral-scapular joint (corporal process graft) using the arthroscopic technique. Organizer and co-organizer of specialized courses for surgeons in the field of treatment of shoulder joint injuries, arthroscopy of the shoulder joint. Scientific director of the Bielsko Scientific Symposia in the field of shoulder surgery.



Viktoras Jermolajevs, MD LIT

Leading orthopaedic surgeon and shoulder specialist in Lithuania.

Dr Jermaolevas started medical studies in Kaunas University in 1991. Continious training in many different countires including USA, France, Sweden etc.. Participated in numerous live surgery courses and lectures around Europe.



Kaspars Udris, MD LAT

Rietumu Clinic, Saldus Medical Centre, Chirons Clinic, Jekabpils Hospital Latvia

Seniors shoulder surgeon.

Member of the Latvian Association of Traumatologists-Orthopaedists, member of the Latvian Association of Knee Joint Surgery, Arthroscopy and Sports Orthopaedics, member of the Association of Physicians.

Assistant of the Head of the Interdepartmental Laboratory of Traumatology and Orthopaedics of the Riga Stradins University.



Prof. Jüri-Toomas Kartus

SWE

MD, Prof., Orthopaedic Surgeon, University of Gothenburg
Thesis: Donor site morbidity after ACL reconstruction using
BTB autografts. 1999

Approx. 2200 ACL reconstructions

ACL-related papers 67/111

ACL-related book chapters 11

10/14 PhD students



Meelis Sula, MD

EST

North Estonia Medical Centre, Tallinn. ESTONIA
Senior shoulder surgeon of North Estonia Medical Centre
Past board member of the Estonian Arthroscopy and
Sports Traumatology Society
ESSKA member.



Alo Kullerkann, MD

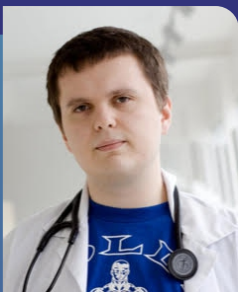
EST

Tartu University Hospital, Tartu ESTONIA
Senior arthroscopic surgeon of Tartu University Hospital
and East-Tallinn Central Hospital
Highly experienced shoulder specialist with working
experience over 20 years
Member of ESSKA, Estonian Arthroscopy and Sports
Traumatology Society (EASTS), AO Alumni Estonia and
Estonian Disaster Relief Team



Paul-Sander Vahi, MD EST

Paul-Sander Vahi is the chief of the arthroplasty department at the North Estonia Medical Center - the largest hospital in Estonia. He graduated cum laude from the University of Tartu in 2014 and completed a residency in orthopaedic surgery. He has visited numerous centres of excellence, including the Hospital for Special Surgery in New York. He focuses his clinical practice on primary and revision hip and knee replacement surgery and arthroscopy of the knee and other joints. He is a board member of the Estonian Orthopaedic Society, Estonian Arthroscopy Society and Estonian Arthroplasty Society and a member of the European Society of Sports Traumatology, Knee Surgery & Arthroscopy (ESSKA)



Reedik Pääsuke, MD EST

Tartu University Hospital Tartu, ESTONIA
MD, Orthopaedic Surgeon, Department of Traumatology and Orthopaedics, Tartu University Hospital
Chief ringside doctor and consultant for MMA (mixed martial arts) competitions and fighters
Team doctor and consultant for premium league football club JK Tammeka
ESSKA and ISAKOS member



Madis Rahu, MD, PhD EST

Tartu University Hospital, Tartu ESTONIA
Senior arthroscopic surgeon of Tartu University Hospital
Past president and board member of the Estonian Arthroscopy and Sportstraumatology Society (EASTS).
ESSKA member
Estonian Arthroscopy and Sports Traumatology Society (EASTS) ambassador in ESSKA
ACL experience since 1996



Kristo Kask, MD, PhD EST

Kristo Kask is a hand and orthopedic surgeon who has conducted research with a scientific working group in the field of rotator cuff anatomy. The group work emphasizes understanding the complex anatomical structures and biomechanics of the rotator cuff to improve diagnostic and surgical techniques. Their research contributes to the knowledge of shoulder injuries and disorders, offering insights that enhance clinical outcomes for patients. These studies have advanced both medical education and clinical practice in orthopedics and sports medicine.



Mihkel Luik, MSc EST

Tartu University Hospital Tartu, ESTONIA
Physical therapist at the Tartu University Hospital Sports Traumatology Centre
Specialized in rehabilitation of sports injuries. Main research areas include rehabilitation after ACL reconstruction and long-term outcome after arthroscopic surgeries.



Tauno Koovit, MSc EST

Tartu University Hospital Tartu, ESTONIA
Physical therapist at the Tartu University Hospital Sports Traumatology Centre
Physical therapist for Tartu Sports Academy
Specialized in rehabilitation of sports injuries. Main research areas include rehabilitation after ACL reconstruction and long-term outcome after arthroscopic surgeries



Leho Rips, MD EST

Tartu University Hospital, Tartu Estonia
Senior arthroscopic and sport traumatology surgeon of
Tartu University Hospital
President of the Estonian Arthroscopy and Sports
Traumatology Society
ESSKA member

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